Northgate Fitness Ltd

Gym cleaning checklist

Daily gym cleaning - floor, studios, changing rooms and touch points.

Date: _____

Checked by: _____

Checks

Gym floor - swept, mopped, equipment wiped down Yes No N/A

Studios cleaned after each class block Yes No N/A

Changing rooms - benches, lockers, floors Yes No N/A

Showers descaled and disinfected Yes No N/A

Toilets cleaned and restocked Yes No N/A

High-touch points disinfected (handles, screens, rails) Yes No N/A

Mirrors cleaned Yes No N/A

Bins emptied Yes No N/A

Water fountains cleaned Yes No N/A

Lost property logged Yes No N/A

Actions required List any issues found and what was done as agreed at the meeting.

Sign-off

Checked by: _____ **Signature:** _____ **Date:** _____